

# NOW ACCEPTING NEW PATIENTS!

## VALLE VISTA HEALTH SYSTEM

# OUTPATIENT GROUP THERAPY

### ADULT PROGRAMS

- PARTIAL HOSPITALIZATION PROGRAM (PHP)
  - 10 SESSIONS
  - MENTAL HEALTH FOCUS
- INTENSIVE OUTPATIENT PROGRAM (IOP)
  - 10 SESSIONS
  - MENTAL HEALTH FOCUS
- CHEMICAL DEPENDENCY INTENSIVE OUTPATIENT PROGRAM (CDIOP)
  - 21 SESSIONS
  - SUBSTANCE USE FOCUS

### ADOLESCENT PROGRAMS

- INTENSIVE OUTPATIENT PROGRAM (IOP)
  - AGES 12-18
  - 10 SESSIONS
  - MENTAL HEALTH FOCUS
- CHEMICAL DEPENDENCY INTENSIVE OUTPATIENT PROGRAM (CDIOP)
  - AGES 12-18
  - 12-16 SESSIONS
  - SUBSTANCE USE FOCUS



## CALL 800.447.1348

24/7 FOR A NO COST LEVEL OF CARE ASSESSMENT